



## **SANDWICHES**

Served on white gluten free bread

Chicken, crispy bacon, avocado & mayonnaise - £5.00

Baked ham, mature cheddar & roast tomato chutney -£5.00

Red pepper Houmous, Avocado, tomato & gem lettuce (v) -£5.00

#### **GRILL**

Grilled salmon fillet with new potatoes, roast vine tomatoes and green beans £15.95

## **LIGHT BITES**

Soup of the day (v) - £4.00

Baked nachos melted cheddar, sour cream, guacamole, salsa & jalapenos (V) - £5.00

# **BURGERS**

Our burgers are served in a gluten free bun with mayonnaise, lettuce, tomato, red onion & skin on fries

Grilled chicken breast -£13.95 Crispy bacon, melted cheddar & barbeque sauce





#### MAINS

Roast half chicken -f12.00 Rosemary and garlic roast chicken, skin on fries, cheddar slaw Chicken tikka makhani - £14.00 Served with basmati rice and manao chutnev Keralan vegetable curry - £13.00 Roast pepper and cauliflower curry, basmati rice and mango chutney Homemade Risotto - £11.00 Asparagus, pea and leek, flaked Italian cheese &pea shoots (v)

## **SALADS**

Superfood salad - £8.00

Baby gem &rocket, tomatoes, cucumber, avocado, feta cheese, pomegranate pearls, edamame beans, green lentils, toasted pumpkin seeds, honey mustard dressing (v)

Add grilled chicken breast - £3.50, Add grilled halloumi (v) - £2.50

# PIZZA

Caprese - £9.00 Cherry sun blushed tomatoes, ripped mozzarella (v)

# SIDES

Oven cooked Skin on fries (V) - £2.50 (25 minutes cooking time)

Seasonal greens (v) - £2.50

Mixed salad (v) - £3.00 (Gluten free dressing)

#### **DESSERTS**

Fruit salad (v) - £5.00

Chocolate orange tart- £5.00

# Food allergies & intolerances:

Please speak to a member of our team if you have a food allergy or intolerance. All food is prepared in an area where allergens are present.